



September 2023

Houston Gateway Academy Breakfast HGA PreK-12

					01 Breakfast Entree Yogurt & Granola Fruit Grapes Apple Juice
04	05 Breakfast Entree Frosted Mini Wheats Fruit Diced Peaches Orange Juice	06 Breakfast Entree Honey Chicken Biscuit Fruit Orange Orange Juice	07 Breakfast Entree Colby Cheese Omelet English Muffin Fruit Banana Orange Juice	08 Breakfast Entree Blueberry Muffin Top Fruit Grapes Orange Juice	
11 Breakfast Entree Trix Cereal Fruit Diced Peaches Apple Juice	12 Breakfast Entree Cinnamon Glazed Pancake Fruit Pears Apple Juice	13 Breakfast Entree Egg, Cheese & Turkey Sausage Wrap Fruit Orange Apple Juice	14 Breakfast Entree Turkey Sausage Biscuit Sandwich Fruit Banana Apple Juice Misc. Wowbutter	15 Breakfast Entree Mini Cinnamon Rolls Fruit Grapes Apple Juice	
18 Breakfast Entree Frosted Flakes Fruit Diced Peaches Grape Juice	19 Breakfast Entree Mini Cinnamon Waffles Fruit Pears Grape Juice	20 Breakfast Entree Biscuit & Jelly Fruit Orange Grape Juice	21 Breakfast Entree Mini Maple Pancakes Fruit Banana Grape Juice Misc. Wowbutter	22 Breakfast Entree Banana Chocolate Chip Breakfast Oatmeal Round Fruit Grapes Grape Juice	
25 Breakfast Entree Cinnamon Toast Crunch Fruit Diced Peaches Apple Juice Misc. String Cheese	26 Breakfast Entree Breakfast Turkey Sausage Pizza Fruit Pears Apple Juice	27 Breakfast Entree Chicken, Beef & Cheese Kolache Fruit Orange Apple Juice	28 Breakfast Entree Turkey Sausage Biscuit Sandwich Fruit Banana Apple Juice Misc. Wowbutter	29 Breakfast Entree Yogurt & Granola Fruit Grapes Apple Juice	

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.